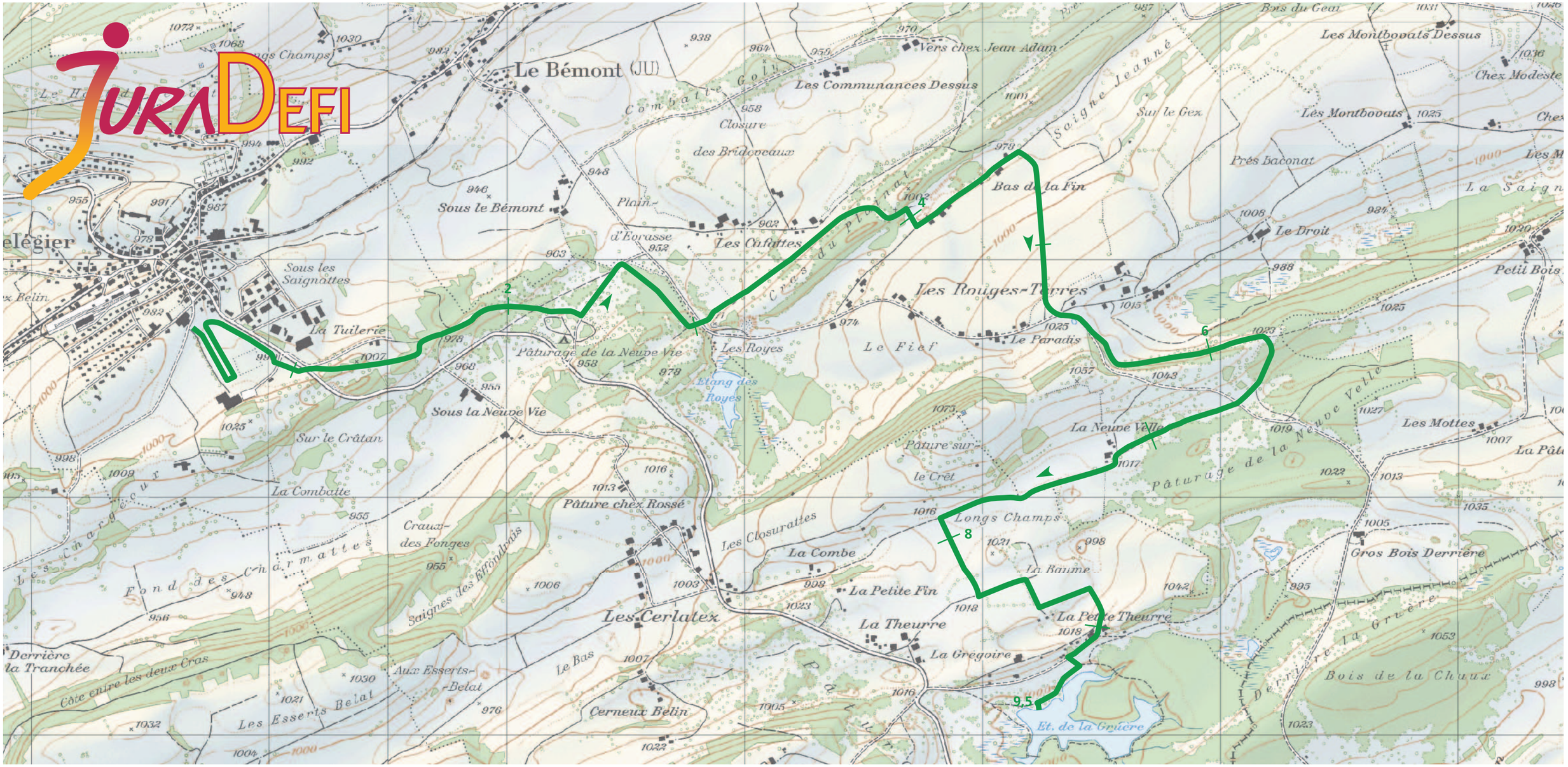

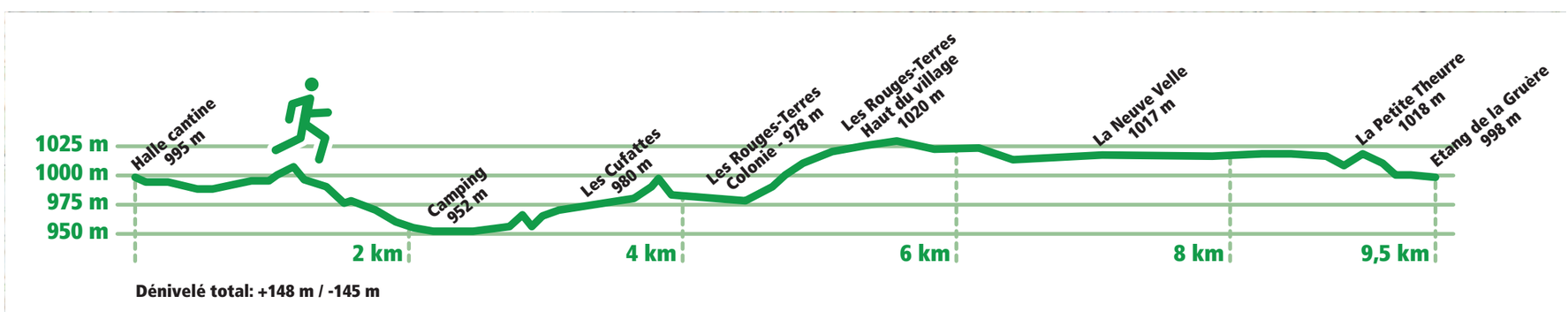

Dénivelé total: +148 m / -145 m